

Parish of _____

This is
the most painful of times,
And the grieving
can be long and lonely.
It is normal
to experience
helplessness
guilt, anger, fear
and despair

You may have
Someone close to
support and listen.
If not, we have
a team who offer
confidential support
and a listening ear.

For more Information
Or to arrange an
Appointment

Telephone _____

To you My Lord

I turn my eyes

I take shelter

In You

You are my refuge

And my healing

And will never

Abandon me.



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