

Dear Friends

The events of this year have resulted in us working very differently at St Cuthbert's Care. We have striven to ensure that our client groups have remained safe. In addition, to help to maintain high levels of physical and mental wellbeing, we have protected the close and precious bonds between our residents and their families and loved ones.

Carolyn, a service user we have supported to live independently in her own home, for many years now, told us:

"I've loved learning new ways to keep in touch with my mam. When I haven't been able to go to Mam's house, I've still been able to see her and chat to her. It's been like magic. My support workers have helped me do this and it's been really good fun."

Susan, mum of Rachel, who lives at our Alan Shearer specialist disability home in Newcastle, also commented:

"It's been a great comfort knowing Rachel is safe and has continued to enjoy life as much as possible – we can't thank the charity enough."

Like all of us since March, life for Carolyn and Rachel has had its limitations, but we have continued to provide an essential level of normality for them both. The real cost of replicating this highly personalised support to each and every one of our residents has been significant. Our charity's resources, in terms of availability of staff teams and our financial position, are becoming stretched.

This Advent, I would be deeply grateful for any contribution you are able to offer. I am mindful of the financial pressures we are all facing, so please, only support us should you feel able to do so. My colleague, Nicola Milne will be happy to help with any queries you may have. You can contact Nicola directly on 0191 242 4809 or email her at Nicola.milne@stcuthbertscare.org.uk.

I would like to take this opportunity to thank you for your support and trust that you and your families are keeping safe.

Please remember our charity's work in your prayers. Thank you.

My best wishes

Moira Ashman
Chief Executive

To donate to St Cuthbert's Care please visit -

<https://stcuthbertscare.org.uk/support/indexDonate.php>



Carolyn's new Saturday night in



Birthdays with a difference



Embracing technology



A new love of gardening



Rachel enjoying cooking