

**LENTEN RETREAT FOR  
YOUNG ADULTS (AGED 18-  
35) AT STANBROOK ABBEY**

# **LISTEN**

**6-8 MARCH 2020**

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An opportunity to pray, worship, listen to God's Word and reflect in the tranquil atmosphere of the Benedictine monastery of Stanbrook, Wass.

There will be Adoration, input from the nuns, shared lectio, silence and the chance to walk in the adjoining forest.

Accommodation will be in our self-catering Scandinavian Pine Lodges which can sleep up to 5 people. See [www.cottageguide.co.uk/crieflodges](http://www.cottageguide.co.uk/crieflodges)

For more info. on the abbey, see [www.stanbrookabbey.org.uk](http://www.stanbrookabbey.org.uk)

Cost for shared accommodation is £30 person for the weekend (£60 for single occupation). For the unwaged, a donation will be acceptable.

The retreat will run from 6pm on Friday 6 March to early pm on Sunday 8 March 2020.

Limited places: firm numbers and a non-returnable deposit of half the accommodation cost needed by 25 January 2020.

For more information and to book, contact: Sophie Taylor

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