

## Welcome to our 2020 programme.

### Here you will find brief details of our varied day, weekend and week-long events.

Situated in the land of the Northern Saints in beautiful countryside on the borders of Northumberland and County Durham, our community-based retreat centre is ideally placed to promote the development of both the spiritual and the natural world. Minsteracres Retreat Centre provides a space where people can feel welcome, be themselves and find healing and wholeness in their relationship with God, with themselves, with others and with creation.

We have accommodation for up to 23 people in the Retreat House, all set in 110 acres of lovingly tended gardens, park and woodland.

You can find more details on our website at [www.minsteracres.org](http://www.minsteracres.org), together with background, history and news. You can book online, by email to [info@minsteracres.org](mailto:info@minsteracres.org), or call us on 01434 673248.

*The suggested offerings indicated for each event help us to cover our costs. However, no one should feel excluded for financial reasons, and concessions are available.*

## We look forward to welcoming you!

### SEPTEMBER

#### **Walking retreat**

Minsteracres Retreat Team

Enjoy a walk with us of seven to ten miles. Enjoy a walk of seven to ten miles through the beautiful countryside around Minsteracres, with time for prayer, reflection and sharing of the beauty of creation. You will need suitable walking boots, warm, weatherproof clothing and a packed lunch.

*Wednesday 2 September, 10am - 5pm*

*£10*

#### **Individually guided retreat**

ISC

Glasgow

This retreat is held in silence and will be led by members of the Ignatian Spirituality Centre in Glasgow in collaboration with the team at Minsteracres.

*Friday 4 (6.30pm) – Friday 11 September (10am)*

*£520*

#### **Gratitude, Prophecy & Hope**

Minsteracres Retreat Team

2020 has presented all of us with new experiences and opportunities to reflect on our lives. During this retreat we reflect on our encounters with gratitude, prophesy and hope. With reference to the lives of some of the Passionist saints, we will explore where these perennial themes have been and are present in our lives.

*Friday 11 (7 pm) – Sunday 13 September (2 pm)* £140

**Day of prayer** Michael O'Halloran

This day enables you to experience different ways of praying in a beautiful setting and gives you time for quiet personal prayer. Lunch, tea and coffee are provided.

*Wednesday 16 September, 10am – 4pm* £20

## OCTOBER

**Gratitude, Prophecy & Hope** Minsteracres Retreat Team

2020 has presented all of us with new experiences and opportunities to reflect on our lives. During this retreat we reflect on our encounters with gratitude, prophesy and hope. With reference to the lives of some of the Passionist saints, we will explore where these perennial themes have been and are present in our lives.

For more details see 11-13 September.

*Friday 2 (7pm) – Sunday 4 October (2pm)* £140

**Quiet day** Rosarie Spence RSM

An opportunity to step aside, listen to God in scripture and enjoy the peace and tranquillity of the countryside. Coffee and tea are provided. Please bring a packed lunch.

*Wednesday, 14 October 10am – 4pm* £15

**Walking retreat** Minsteracres Retreat Team

Enjoy a walk with us of seven to ten miles. (See 9 October 2019 entry for more details).

*Saturday 17 October, 10am - 5pm* £10

**Spoken in Song – what we have learned and can still learn from a good hymn**

*Janet Swan*

A chance to discuss and speak some favourites as well as learn some new songs. Janet Swan is an experienced choir leader and member of the Natural Voice Network. She leads a number of choirs and events. The emphasis is this occasion will be speaking in the voice you were born with and building your confidence and love of speaking the hymns.

*Friday 16 (7pm) – Sunday 18 October (2pm)*

£155

**The way of the embodied contemplative (Change of Date)** Terry Doyle

This retreat will explore how the practice of meditation can also be encountered through the language of the body using breathing exercises, gentle stretching and slow Tai Chi movements to complement the seated meditation periods. Suitable for all ages and abilities. Please wear loose clothing.

Terry Doyle is a Benedictine Oblate with the World Community for Christian Meditation, and a founder member of Jason Chan's Light Foundation. He is an

experienced workshop and retreat leader who also works in the areas of homelessness, addiction and social justice.

*Friday 23 (7pm) – Sunday 25 October (2pm)*

*£150*

## NOVEMBER

### **Quiet day**

Rosarie Spence RSM

An opportunity to step aside, listen to God in scripture and enjoy the peace and tranquillity of the countryside. Coffee and tea are provided. Please bring a packed lunch.

*Wednesday 18 November, 10am – 4pm*

*£15*

### **Prophecy, Gratitude, Hope – celebrating the third centenary of Passionist Congregation**

In 2020 the Passionist Congregation celebrates the third centenary of its foundation. We will honour this with a special retreat during which we will explore key elements of the Passionist tradition and spirituality and reflect on the message of the Word of the Cross for the world of today.

*Friday 20 (7 pm) – Sunday 22 November (2 pm)*

*£140*

### **Walking retreat**

Minsteracres Retreat Team

Enjoy a walk of seven to ten miles. (See 9 October 2019 entry for more details).

*Wednesday 25 November, 10am - 5pm*

*£10*

### **Advent retreat**

Minsteracres Retreat Team

This Advent retreat offers space to prepare for the coming of the Lord. It will be conducted in Taizé style with Scripture reflections, Taizé chants and times of silence.

*Friday 27 (7 pm) - 29 November (2 pm)*

*£140*