

## SPIRITUALITY AND ART – VISIO DIVINA

### BRINKBURN PARTNERSHIP



Our Brinkburn Partnership journeyed with the Lord through famous paintings and artists, icons and Byzantine Art, turning beauty into prayer. These sessions were held at St Robert's Church hall. We analysed paintings / icons, learnt about the artist and reflected on the Scripture passage related to the scene and sang hymns which bore resonance to the piece of religious art. There was also a guided meditation to help the participants to use this method of prayer. In short, it was Visio Divina at its best. Six sessions didn't seem enough to do justice to this form of prayer. We ended our last on the 19<sup>th</sup> October 2018 with a celebration. Art has the capacity move us profoundly. When aesthetic experience is combined with our communion with God in prayer, it can be an uplifting affirmation of our faith and our hope.

