

## Tynemouth Prayer Walk

A walk that takes you through parts of the town of Tynemouth and offers opportunities to extend the walk by visiting the Priory and Castle or heading along to the beach.

There are two possible starting points; Tynemouth Metro station, [Google map link](#) or Long stay car park (near Priory and Castle), [Google map link](#). Ordnance Survey Map: OS Explorer 316, OS Landranger 88.

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### Starting point – Tynemouth Metro Station

If starting at the long stay car park, [click here](#) (see below)

#### Metro station

Pray for those who run public transport, for drivers and those who maintain the safety and cleanliness of trains and buses. Leave the station by the exit for Priory and Beach

Turn left out of the station and bear right to a square with war memorial and, at the far end, a **statue of Queen Victoria**. At the war memorial, pause and pray for those who have lost their lives defending their country.

At the statue, pray for Queen Elizabeth, for the leaders of the country and for world leaders, that we may all live in peace.

Cross the road and continue down Front Street towards the **Castle/Priory**.

As you walk along the busy street:

#### Passing pubs

Pray for those who are addicted to alcohol or other substances and for their families that they may be given strength to care and support their afflicted family member.

#### Shops

Pray for those who, through their service, supply us with our daily needs.

#### St. Oswin's Church

Pause to pray for the Pope, bishops and other Church leaders.

Pray for those in religious life and for those preparing for it.

Perhaps spend a few minutes in the beautifully tended garden and give thanks for the beauty of the plants and the work of those who care for them.



#### Tynemouth Castle and Coast Guard Station

Here you may opt to visit the Castle and Priory and learn more about the hundreds of years of Christian presence on this site (NB. There is an admission fee unless member of English Heritage). Reflect on the fact that, though the buildings are, largely, in ruins the faith of the monks who lived and worshipped in the Priory is still thriving in this area.

Think too about the generations of people who served at this spot to help to protect the cities and villages further along the river.

Pray for all those who go to sea, merchant sailors, those in the Royal Navy and especially those who watch over them on this stretch of coast, e.g. Coast Guards and Lifeboat crews.

Continue down the hill to **Prior's Haven**. As you see the lighthouse at the end of the pier, thank God that he is the light of the world and leads us to the safe harbour of heaven.

Option – walk along the north pier and notice how the piers form almost an embrace protecting the mouth of the river.



### **Starting point - Long Stay Car Park.**



Either follow the path around the headland or head straight across to a lane leading up to **Collingwood's monument**.

Looking up at the monument; thank God for those who serve at sea.

Either continue along the path until you come to one leading up the hill and passing through a hedge or cross the field to meet it and turn right.

Follow the path around, take a glance to the right for a view of the Priory and then bear right across the car park.

Continue to the main road and turn right to cross the road.

As you pass the **Territorial Army Centre**, pray for those serving in the armed forces.

Turn left into Station Terrace to return to the Metro station or continue to the main road. Cross at the pelican crossing and pick up the walk at the statue of Queen Victoria in the square opposite.

*Walk description from a Tyneside parishioner. Photographs: Kathryn Turner*