

Journeying Together

The Road to Emmaus



OPENING RESPONSES

Reader: We gather in the name of the Father

**All: The Source of all light and life –
And in whom we all live and move and have our being.**

Reader: We gather in the name of the Son

**All: Who journeys with all his disciples and friends
their inspiration and their guide.**

Reader: We gather in the name of the Holy Spirit

**All: Who breathes through the Word of God
and touches our hearts with its truth.**

Reader: We gather...

**All: (making the Sign of the Cross) in the name of the Father
and of the Son
and of the Holy Spirit.**

Amen

GOSPEL READING – Luke 24: 13-35

Listen as the Gospel is read. It can help to close your eyes—or look at the person—or the image on the screen. Choose the one that suits you.

PERSONAL TIME WITH THE GOSPEL

For a few moments, reflect quietly on some questions. They do not have a right or wrong answer but are designed to help us to go more deeply into the Word of God.

- How do the disciples change during the course of the Gospel?
- What difference does it make to share an experience like this rather than doing it on your own?

GROUP REFLECTION

Here are some thoughts to help you to reflect together on the Gospel.

- How has being part of a group helped you during your journey through Lent?
- What other groups and communities might help us as we continue our journeys of faith?

LISTENING TOGETHER

We will use the timers for the last time. Use the time to speak – uninterrupted – about the thoughts we will suggest – or about any aspect of our time journeying together. Listen to these thoughts inspired by today’s Gospel that you may like to consider during the listening time – or which might prompt other thoughts and insights for you:

- When they were faced with the trauma of Jesus’ death, two disciples travelled together – probably back to a place where they felt they would be safe.
- Along the way, they shared the hopes and the sorrows of their experience.
- As they shared their experiences, Christ came alongside them and helped them to deepen their understanding of what had happened.
- Even though they knew Jesus, they did not recognise him at the time.
- The words of Jesus – and reflecting on their experience – makes their hearts burn in a way that, at first, they do not understand.

- Jesus gives them a simple sign that helps them to recognise who has been walking alongside.
- The conversation and meal change the disciples from frightened and confused people to a couple who are ready to share their experience with their friends – in the first instance.

Share Together:

- How does the story of these disciples journeying together echo your own journey in faith?
- How has journeying together during Lent helped to enrich my understanding of the Word of God – and prepare me to take my faith deeper in the future?

DRAWING OF OUR SESSIONS TOGETHER

Our sessions come to an end – but before we go our separate ways, a couple of thoughts...

If you have found the Listening Together parts of our sessions interesting and helpful, you might like to learn more about it in a course that is being developed by the Diocese. This will look at listening skills and the art of accompanying others in their journeys in faith. There is a flyer for this which you can take away to think about.

- What have been the highlights of the sessions for me?
- What would I like to take forward – either myself or with others?

CLOSING PRAYER

All: **This day was made by the Lord, we rejoice and are glad**

Reader: Give thanks to the Lord for he is good,
 For his love has no end.
 Let the sons of Israel say
 “His love has no end”.

All: **This day was made by the Lord, we rejoice and are glad**

Reader: The Lord’s right hand has triumphed
 His right hand raised me up.
 I shall not die I shall live
 and recount his deeds

All: **This day was made by the Lord, we rejoice and are glad**
Reader: The stone which the builders rejected
 has become the corner stone,
 This is the work of the Lord.
 a marvel in our eyes.

All: **This day was made by the Lord, we rejoice and are glad**

Amen.